

Step into the new season in style



KNEE-HIGH FLAT

For a smart finish, go for a knee-high flat or over-knee boot with a midi or mini skirt. Berry shades make for a stylish alternative to classic black.



CHELSEA BOOTS

The Chelsea boot is your go-to winter staple and works as well with a dress as your favourite jeans. Splash out on something you really love.



TALL & HEELED

The big news is the tall, high-heeled boot is back. Scared? Look for a fitted calf and wider top if you want a flattering silhouette. Perfect for nights out.



FANCY FINISHES

Make your boots the centre of attention with a texture, print or glossy finish. Choose velvet for the party season or metallic for a day to night option.



Tan croc
£179, massimodutti.com

Black overknee
£650, russellandbromley.co.uk



Gold fringed
£150, KG by Kurt Geiger, kurtgeiger.com

Black suede and leather with buckle
£650, jimmychoo.com



Maroon leather
£1,195, Chloé at matchesfashion.com

Green snake
£195, uterque.com



Red patent
£29.99, newlook.com

Floral velvet
£295, lkbennett.com



Taupe £90, aldoshoes.com

Black with tassel detail
£375, lkbennett.com



Tan suede £75, officeshoes.com

Leopard print
£95, Collection by Weekend at johnlewis.com



Black leather
£715, Balenciaga at mytheresa.com

Navy suede
£99, marksandspencer.com



Floral brocade
£115, uterque.com

Star
£535, Saint Laurent at mytheresa.co.uk

LOVE ONLINE COUPLES, PLEASE JUST KEEP YOUR HAPPINESS TO YOURSELVES



WHEN it comes to social media, I'm as guilty as the next person of sharing pictures that don't *always* mirror reality [holiday snap of me looking bronzed by the pool, yes – holiday snap of me hungover, eating my third course at the buffet breakfast... perhaps not]. But while I'm all for a bit of 'filtering', the trend on Facebook of sharing 'Seven days celebrating our relationship' is a whole new level of PR spin.

In case you missed it (lucky you), the premise is that couples share a picture of themselves every day for a week, being happy and in love, inviting you to

celebrate said love by liking and sharing (or in my case, disliking and blocking). And they'll nominate other couple friends so that everyone can get in on the fun! [Sorry singles, you can't play.]

It might seem a good idea to post those smug shots when things are rosy but have we learnt nothing from the A-listers? Setting up your very own version of a Hello! Magazine photoshoot has doom written all over it. Often, the worst overshare-offenders are the ones you know aren't getting on but still post snaps grimacing at the camera, with a faint look of desperation behind

the eyes. 'It's wonderful to celebrate your relationship,' says psychotherapist and couples counsellor, Hilda Burke. 'But when it's done via Facebook, the question of who it's being done for springs to mind. Rather than sharing pictures, why not make your partner dinner? Or buy them flowers? Take it offline and enjoy each other's company!' In short – couples, we're happy you're happy. Just not seven days a week.

JANELLE BUTTERFIELD

Do you agree? Tweet @Metrofeatures and share your thoughts!